my care companion

A decision aid for people with serious health conditions

Your name:	(Patient's name)

completed by you

completed by a member of your healthcare team

Truth telling

Do you want to more about you health conditio	know ur current n? YES NO	If they answered YES, what are the details of their health condition(s)?		
alues and	preferences			
What 3 things are most important to you in life?		What role do you want to play in making decisions?		Who do you want with you when making decisions?
				o o
ecision	The decision we need to make:		The ho	ealth condition the decision relates
ecision aking				
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option 1 penefits	ti zi		000	
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			000	_
	risks		000	
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option 2	ft s		000	How much do these risks and benefits
	Denefits		000	matter to you?
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	risks		000	
	, z		000	1 2 3
option 3	penefits		000	
	pene		000	
			000	_
	risks		000	
			000	_
I would recomme	nd option because		My decisi	on is because
- Would recomme	na option secause		In y decisi	on is because

Next steps

knowledge Do you understand the benefits and risks of each option? If you answered NO, what additional questions do you have?	Support Do you have enough support and advice to make a choice? If you answered NO, is there anyone else you want to speak to?
values Are you clear about which benefits and risks matter most to you? If you answered NO, revisit the Values & Preferences and/or Decision Making sections	certainty Do you feel sure about the best choice for you? If you answered NO, revisit the Decision Making and/or Next Steps sections
follow-on actions Are there any follow-on actions to be completed by you or your healthcare team?	notes + questions Are there any questions or things you want to remember about this conversation?
This conversation was had with:	This conversation is documented: Date:

Last reviewed: June 2024. Developed by Healthcare Improvement Unit, Clinical Excellence Queensland. Conflict of interest available from: HIU@health.qld.gov. au. Sponsored by Clinical Excellence Queensland, Department of Health. Based on the Ottawa Personal Decision Guide © 2015 O'Connor, Stacey, Jacobsen.

LOCATION IN MEDICAL RECORD