

Additional clinician knowledge resources

The following resources are provided for ease of access to assist clinicians to gain general understanding of concepts considered during development of this model of care guideline. Individual resources are not endorsed by the Statewide Diabetes Clinical Network. The accuracy and appropriateness of content has not been assessed in relation to specific clinical scenarios [Refer to Disclaimer].

Topic	Resources
General transition information	<ul style="list-style-type: none"> • https://www.rch.org.au/uploadedFiles/Main/Content/transition/Adolescent_Transition_checklist_1.pdf • https://www.rch.org.au/transition/factsheets_and_tools/resources • https://www.ndss.com.au/wp-content/uploads/resources/booklet-young-people-moving-on-up.pdf
What is Diabetes	<ul style="list-style-type: none"> • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-understanding-type1-diabetes.pdf
Insulin therapy and insulin adjustment	<ul style="list-style-type: none"> • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-insulin.pdf
Management of hypoglycaemia	<ul style="list-style-type: none"> • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/managing-hypoglycaemia-fact-sheet/
Exercise and diabetes	<ul style="list-style-type: none"> • Nutrition Education Materials Online (NEMO), Queensland health • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-physical-activity.pdf
Glucose monitoring and targets	<ul style="list-style-type: none"> • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-blood-glucose-monitoring.pdf • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/continuous-glucose-monitoring-for-children/
Sick day management	<ul style="list-style-type: none"> • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-managing-sick-days-for-type1.pdf • Sick day management plans, Queensland Health
Management of school and school camps	<ul style="list-style-type: none"> • https://www.diabetesqld.org.au/about-diabetes/young-people/school-plans/ • https://www.diabetesqld.org.au/about-diabetes/children-and-teens/exams-sports-days-and-school-camps/
Effects of puberty on Diabetes and sexual health and Diabetes	<ul style="list-style-type: none"> • https://www.ndss.com.au/living-with-diabetes/about-you/young-people/young-women-with-diabetes/ • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/moving-on-up-to-adult-health-care-services/ • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/having-a-healthy-baby-guide-for-women-with-type-1-diabetes/ • https://www.ndss.com.au/about-diabetes/pregnancy/pregnancy-planning-checklist/ • https://www.ndss.com.au/about-diabetes/pregnancy/type-1-diabetes/contraception/
Diabetes and complication screening	<ul style="list-style-type: none"> • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-diabetes-related-complications.pdf • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/your-diabetes-annual-cycle-of-care-fact-sheet/
Confidentiality	<ul style="list-style-type: none"> • Health agencies – Privacy, confidentiality, and children's information, Office of the Information Commissioner, Queensland

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Diabetes and mental health	<ul style="list-style-type: none"> • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/diabetes-distress-fact-sheet/ • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-adjusting-to-life-with-diabetes.pdf • https://au.reachout.com/mental-health-issues • https://headspace.org.au/ • https://www.youthbeyondblue.com/
Diabetes and schoolies week	<ul style="list-style-type: none"> • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/alcohol-fact-sheet/ • https://www.ndss.com.au/wp-content/uploads/resources/booklet-young-people-drug-use-type1-diabetes.pdf • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-travel.pdf
Smoking and recreational drugs	<ul style="list-style-type: none"> • https://www.ndss.com.au/wp-content/uploads/fact-sheets/fact-sheet-alcohol.pdf • https://www.ndss.com.au/wp-content/uploads/resources/booklet-young-people-alcohol-type1-diabetes.pdf • https://www.ndss.com.au/wp-content/uploads/resources/booklet-young-people-drug-use-type1-diabetes.pdf • Moving on up booklet: https://www.ndss.com.au/about-diabetes/resources/find-a-resource/moving-on-up-to-adult-health-care-services/
Travel and Diabetes	<ul style="list-style-type: none"> • https://www.rch.org.au/uploadedFiles/Main/Content/transition/transition%20-%20travelling.pdf • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/travel-fact-sheet/ • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/travel-type-1-diabetes-booklet/
Healthcare systems and costs	<ul style="list-style-type: none"> • https://www.rch.org.au/uploadedFiles/Main/Content/transition/Adolescent Transition factsheet 2.pdf • http://www.trapeze.org.au/content/finding-good-gp-you
Tertiary studies and employment	<ul style="list-style-type: none"> • https://www.rch.org.au/uploadedFiles/Main/Content/transition/Finding%20a%20job%20brochure.pdf
Obtaining a driver's license	<ul style="list-style-type: none"> • https://www.ndss.com.au/about-diabetes/resources/find-a-resource/diabetes-and-driving-booklet/ • https://www.qld.gov.au/transport/licensing/update/medical/fitness • http://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&cad=rja&uact=8&ved=2ahUKEwiO_7CcqajqAhXuyzgGHdQQBFMQFjAEegQIAxAB&url=http%3A%2F%2Fwww.tmr.qld.gov.au%2F~%2Fmedia%2Flicensing%2Fmedical%2520condition%2520reporting%2Fmedical%2520requirements%2Fjetslawbrochure.pdf&usq=AOvVaw0WlqtOYTWq2pVaFce6QfJN
Obtaining a Medicare card	<ul style="list-style-type: none"> • https://www.servicesaustralia.gov.au/individuals/services/medicare/medicare-card/how-get-your-own-card-15-years-old
What to expect from a medical consultation	<ul style="list-style-type: none"> • Moving on up booklet, National Diabetes Services Scheme (NDSS)
Nutrition Related Topics I.e. understanding carbohydrate portions, carbohydrate counting, exercise and T1DM, low carbohydrate ideas	<ul style="list-style-type: none"> • https://www.health.qld.gov.au/nutrition/patients • https://www.baker.edu.au/health-hub/fact-sheets/carbohydrates-gi • https://www.health.qld.gov.au/nutrition/patients

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