

TYPE 1 DIABETES CAN BE DANGEROUS IF NOT DIAGNOSED IN TIME

Know the 4T early signs



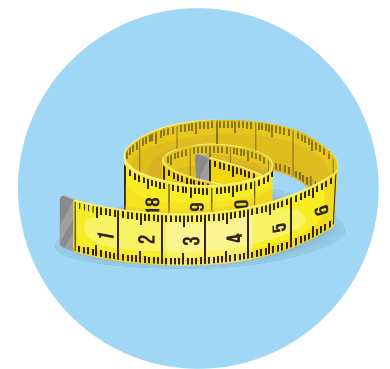
Toilet



Thirsty



Tired



Thinner

If a patient presents with any of the 4T symptoms, please do a point-of-care finger-prick blood glucose.

Fasting - $>7.1\text{mmol/L}$ or Random $>11.1\text{mmol/L}$ – high risk of type 1 diabetes, send to nearest specialist.

Random between $7.1 - 11\text{mmol/L}$ – consider a consultation with a diabetes specialist.

Early recognition and treatment prevents DKA.