Opioid Stewardship (OS) is a systematic approach to managing opioid prescribing.

OPT aims to provide a framework for introducing the concepts of opioid stewardship to acute care settings.

Quality improvement activities are designed to be undertaken by front-line clinicians who then incorporate outcomes of these initiatives into educational interventions.

Practice improvement is the result of both heightened awareness and self-reflection and therefore is not limited to a specific opioid but extends to other analgesia and general pain management.
OPT contains

OPT was designed in accordance with the following priorities and contains resources to help deliver them:

- Individualise patient care
- Provide patient education
- Improve clinical handover

The resources and support which forms the ‘Toolkit’ focus on delivering these priorities.

Aim of this innovation

To develop a systematic, evidence-based system and resources for introducing Opioid Stewardship

- Improving opioid prescribing by:
  - providing appropriate analgesia to all patients
  - educating and empowering patients
  - minimising the risk of unintended harm, excess, diversion
  - improving communication and handover.

- Create sustainable change through structured Plan-Do-Study-Act (PDSA) Cycle

- Provide a suite of tools which is adaptable across clinical settings and sites, and simplifies and supports the process of quality improvement.