

Queensland Opioid Stewardship Program



Discharge Analgesia Template *for EDS*

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Voiceover by Benita Suckling

Opioids, Pain Management & Handover

- Known high-risk medications
- Transition of care potential for miscommunication
 - **Can potentiate long-term use and harm**
- In many cases, expectation for GP to review and manage pain after hospital encounter
- **You** can help by providing timely and complete handover



In a post-surgery cohort of opioid-naïve patients, opioid use > 90 days in:

10.5% overall

13.7% orthopaedic surgery

23.6% spinal surgery ¹

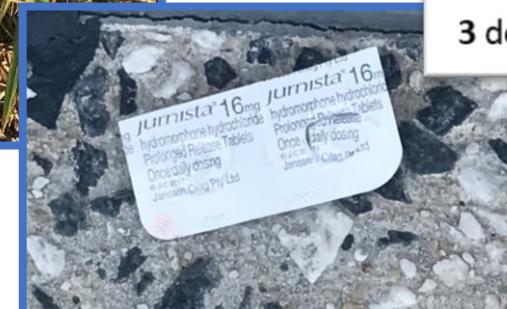


In Australia every day, R_x opioids contribute to:

150 hospitalisations

14 ED presentations

3 deaths²



1. Stark N, Kerr S, Stevens J. Prevalence and Predictors of Persistent Post-Surgical Opioid Use: A Prospective Observational Cohort Study. *Anaesthesia and Intensive Care*. 2017;45(6):700-706.
2. Australian Institute of Health and Welfare. Opioid harm in Australia and comparisons between Australia and Canada. Canberra: Australian Institute of Health and Welfare; 2018. Available from: <<https://www.aihw.gov.au/reports/illegal-use-of-drugs/opioid-harm-in-australia/contents/summary>>

When discussing audit results with junior medical staff, they suggested an accessible template would be a helpful tool to improve practice



To Assist – Discharge Analgesia Template

[*ENSURE INFORMATION IN BRACKETS IS REPLACED or DELETED BEFORE FINALISING* Ensure plan matches pharmacist-generated list (eLMS) or contact ward pharmacist]

This patient was discharged on [INSERT OPIOID DRUG, STRENGTH, DOSE, REG/PRN, DURATION and QUANTITY; Repeat for multiple opioids] for management of pain.

We have also advised them to take [IF APPLICABLE: INSERT NSAID DRUG, STRENGTH, DOSE, REG/PRN, DURATION].

In addition to the medications above, we have advised the patient to take paracetamol regularly until their pain resolves.

We anticipate this analgesia medication plan will be sufficient. However, the patient may require your clinical review for ongoing management of pain. Opioids can normally be discontinued 7 to 10 days after surgery. However complex patients may require titration and cessation over a longer period.

Streamline the process of providing a more complete handover of analgesia and opioid management; presently targeted for post-surgery



Test Patient – EDS Demonstration

Home Switch to Search student1 Logout Facility -- Select Facility -- URN

11222-1; PATIENT, STAR (DOB: 29-Sep-1977, 39 years, Male); Admitted: 08-Nov-2016

08-Nov-2016 Finalised *unsaved*

Princess Alexandra Hospital
Admitted: 08-Nov-2016 10:18
Number of Episodes: 1
Discharge summary required

07-Mar-2015 Not Started
05-Mar-2015 Not Started
04-Mar-2015 Interim
03-Mar-2015 Not Started
02-Mar-2015 Not Started
Page 1 of 1

Episode Medical Hx Procedures Investigations Medications AR/Alerts Management Plan

Discharge Summary
Version : 1.000
Status : Finalised
Date Last Modified : 21-Dec-2017 09:50:10

Patient Details
URN : 111222
IHI : 843156746521057
Patient Name : PATIENT, STAR
Mailing Address :
Address :
Date of Birth : 29-Sep-1977 (39 years)
Sex : Male
Phone 1 :
Phone 2 :

Facility
Princess Alexandra Hospital
Ipswich Rd, Woolloongabba, QLD 4102
Phone : (07) 3176 2111
Fax :

Summary Author
Trainer The Townsville Hospital

Episode Details
Consultant : DR ED DOCTOR
Registrar :
Facility Unit : ENT
Admission Source :
Admission Date : 08-Nov-2016 10:18

Discharge Details
Reason : Recovered
Status :
Phone :
Address :
Discharge Date : 15-Nov-2016 15:45

Enterprise Discharge Summary © The State of Queensland 2008–2019 [release 6.0 Development-25b988883.RV10 Training (ENV20)] FF 11.0 19-Sep-2019 16:16

1. On Management Plan tab, click on green + to add “Recommendation to GP”
2. On the add new recommendation popup – click on “Insert standard content” select Opioids from the list (or ‘#OPIOIDS’*).
3. Preview and edit text as required – accept and save.



*(Yes, we fixed the ‘opioid’ spelling for the final version)

- Where possible, please ensure notes entered in this fashion match other advice -
 - Prescription
 - Pharmacist-generated list (eLMS)
- Feedback on this functionality is welcome!
 - If problems encountered, please escalate with an incident report or as appropriate
- Uptake and how advice matches to other documentation should be monitored within sites, ideally as part of general QI cycle



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Thank you!