

care

at end of life



Care Alert Kit Factsheet

Purpose

Care Alert Kits are designed to conveniently store all important healthcare documents in one location. This allows easy accessibility for anybody who may need to view hardcopy documentation, including carers, family members, substitute decision-makers, paramedics or other health professionals.

It is recommended people are encouraged to bring along or ensure access to their Care Alert Kit if being admitted to hospital, attending a General Practitioner or clinical appointment, or for use in an emergency.

Target audience

Care Alert Kits are intended for use by anyone—including, but not exclusive to, people living with a life-limiting condition. They should be introduced and distributed by a health professional.

The insert card has two design options available. One side is a design consistent with the Care at End of Life campaign; the other side features artwork by the artist Gilimbbaa, from the *Sad News, Sorry Business: Guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying*.

Raising awareness

Introducing and promoting Care Alert Kits locally will require communication and education with key stakeholders. This may include:

- informing relevant people about Care Alert Kit availability and purpose via email, presentation, conversations—including medical, nursing, allied health and administrative staff, Primary Health Networks, Queensland Ambulance Service, consumer and advocacy groups
- gaining support through local End of Life Committees
- updating relevant internet and intranet pages
- contacting media teams to include information in local staff bulletins, newsletters, media etc.

These activities are optional, however will assist with raising awareness within your local area.

Where to use

- Hospital inpatient/outpatient units
- GP clinics and consultations
- Community events
- Home visits
- Residential aged care facilities
- Education workshops



The Care Alert Kit is based on an initiative developed by Wide Bay Hospital and Health Service in 2018. With permission, it was modified to become a statewide resource.



How to use

Care Alert Kits are provided empty. Services and/or health professionals should determine who should distribute Care Alert Kits, how to use them and what resources should be put in them.

Brochures, forms or information can be given to your patients in the Care Alert Kit, or you may prefer to provide it empty. A list of suggested resources is printed on the insert and available at qld.gov.au/careatendoflife.

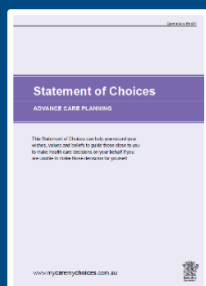
Two magnets, which can be affixed to the plastic wallet, are provided for optional use. This allows the Care Alert Kit to be kept on a magnetic surface such as a refrigerator, for ease of access if required.

How to communicate

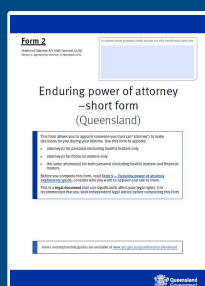
It may be useful to sensitively introduce the Care Alert Kit to patients during advance care planning conversations. When discussing the purpose of the Care Alert Kit, consider the specific information needs of the person, the manner and style in which they communicate, and their cultural and spiritual beliefs. It is also important to consider the involvement of carers and family members in these conversations, if appropriate.

Advance care planning documents should be sent to the Office of Advance Care Planning. Documents are reviewed, and if complete, uploaded to the person's Queensland Health electronic record (The Viewer). Clinicians access uploaded documents via the [ACP Tracker](#).

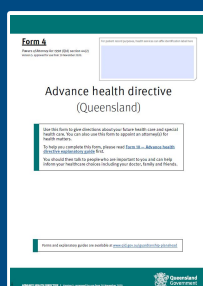
Statement of Choices



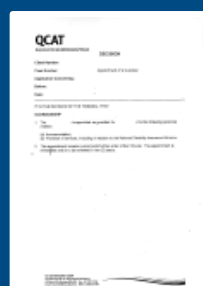
Enduring Power of Attorney



Advance Health Directive (AHD)



QCAT Orders



Revocation of EPOA/AHD



Send these documents to the Office of Advance Care Planning

E: acp@health.qld.gov.au | T: 1300 007 227 | F: 1300 008 227 | A: PO Box 227, Runcorn Q 4113

Further information

For community members:

www.qld.gov.au/careatendoflife

For clinicians:

www.health.qld.gov.au/careatendoflife

Care at end of life resources:

www.health.qld.gov.au/news-alerts/campaigns/care-at-the-end-of-life

To order Care Alert Kits, please contact CareAtEOL@health.qld.gov.au